

Creative studio: Make your mark!

Autism Friendly Session

11.00 - 12.45 and 13.00 - 15.45

Drop-in, Free

Hello and welcome to our autism-friendly creative session. Complete with a quiet break-out space, this session is for children with autism, other social communication issues, their siblings, parents and carers. This is a drop-in session, so you can stay for as long or short as you wish.

There is a **light** room and a **dark** room to explore and be creative in!

What is it about?

Explore mark-making in a playful environment. You will find different objects and textures to make interesting marks on different surfaces.

In the light studio

This will be a messy activity!

Spend time discovering the space as a family / group

Collect mark-making objects *How do they feel to touch?*

Find an area on the paper landscape

Press your object into the paint and start to make your mark

Look at the marks you make, can you describe them?

Choose another object and see what new marks can be made

stamp push roll press drag squeeze drip swirl

In the dark studio

You will find colourful cubes of light

Look for the boxes of objects, there's different textures

Place objects on the cubes to make interesting pictures and landscapes

Your pictures will be projected onto the wall

Can you make shadows on the walls with your hands?

Spend time in the gallery, can you find different textures in the artwork?