

Members Room

Lunch

Carrot, Ginger & Turmeric Soup, served with bread and butter £7.50

Celeriac & Apple Soup, served with Bread & Soup £7.50

Bread Selection: Emmer & Sicilian Olive Bread Served with Butter £3.95

Sandwiches

Rhug Estate Organic Egg Mayonnaise with Garlic, Chives and Watercress on Focaccia bread £7.50
Allergens: eggs, milk, celery, sulphites, gluten

Hot smoked Chalk Stream Trout, Heritage Beetroot, Horseradish Crème Fraiche £8.95
Allergens: fish, eggs, milk, mustard, sulphites, gluten

Rare Grass Fed roast Beef Bagel, Stilton, Garlic mayonnaise, Jalapenos £8.95
Allergens: eggs, milk, gluten

GF Wrap Candied Heritage Beetroots, Carrot, Mint, Coriander and Coconut Yoghurt £7.95
Allergens: almonds, hazelnuts, sesame seeds, sulphites

Deli counter

Selection of 3 Salads £12.95

*Baby Leaf Salad with Chardonnay Vinegar Dressing

Allergens: sulphites

*Charred Cauliflower & Sussex Lentil Tabbouleh, Pickled Grapes, Cumin & Lemon

Allergens: sulphites, mustard

*Sweet potato & Chermoula, Almonds, Feta & Chilli Coriander

Allergens: nuts (almonds), milk

Selection of 3 Salads with Tart £15.95

Spinach & Red Pepper Savoury Tart

Allergens: eggs, milk, gluten

Served with: Tomato & Onion Chutney

Selection of 3 Salads with Rare Grass Fed Roast Beef £16.95

Rare Grass Fed Roast Beef

Served with: Salsa Verde