

LUNCH MENU

SERVED 12.00 – 16.00 DAILY

SOUP OF THE DAY SERVED WITH BREAD ROLL & BUTTER £6.50

SELECTION OF 3 SALADS £10.95

RED QUINOA, BUTTERNUT SQUASH, BUCKWHEAT, CRANBERRY AND BABY SPINACH WITH TOASTED SEEDS VG £4.50

Allergens: sulphides and garlic

SAUTEED CHESTNUT MUSHROOMS WITH BALSAMIC ROASTED RED ONION, KALE AND FETA CHEESE VG £4.50

Allergens: sulphides, garlic and milk

ROASTED BROCCOLIS, STEAMED KALE AND ROASTED RED PEPPERS WITH GARLIC AND CONFIT LEMON DRESSING VG £4.50

Allergens: garlic

SELECTION OF 3 SALADS WITH ONE PROTEIN £13.95

POACHED SALMON WITH PICKLED CUCUMBER, CAULIFLOWER, RADISHES AND SWEET MUSTARD AND DILL DRESSING £5.95

Allergens: fish, sulphides, mustard and gluten

GRILLED CHICKEN BREAST WITH PARSLEY CRESS, GARLIC, LEMON AND PARMESAN WITH MAYONNAISE DRESSING £4.95

Allergens: eggs, milk, celery and sulphides

ROASTED AUBERGINE WITH POMEGRANATE SEEDS, TAHINI AND CORIANDER CRESS VG £4.95

SANDWICHES

TARRAGON CHICKEN WITH APPLE AND WHOLEGRAIN MUSTARD SLAW ON MALBRAN BREAD £4.95

Allergens: eggs, dairy, gluten, soya, mustard and sulphides

SEVERN AND WYE SMOKED SALMON, FENNEL, RADISH AND SPRING ONION SALAD WITH CREAM CHEESE TARTAR SAUCE ON NORFOLK BLOOMER £5.95

Allergens: dairy, eggs, gluten, fish, mustard, sulphides

EGG, TOMATO AND AVOCADO ON TOMATO FARMHOUSE BREAD £4.95

Allergens: eggs, milk, gluten and celery

SPICED CHESTNUT MUSHROOMS, ROMESCO SAUCE AND ROCKET ON GF BROWN BREAD V, GF £4.95

Allergens: milk, eggs, mustard, sulphides

HAM AND MATURE CHEDDAR WITH TOMATO AND ROCKET ON GF BREAD, GF £4.95

Allergens: milk, eggs, mustard, sulphides, soya and celery